

Title of Material: _____

Publisher: _____

Reviewer: _____

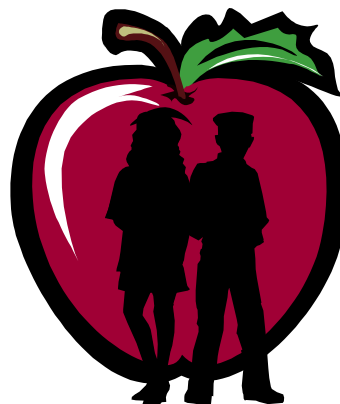
Percentage of Standards: _____

Grade Two--possible 24 (content knowledge & skills)

(Number of Yes checks divided by 24 = percentage)

Idaho Achievement Standards

Health for **Grade Two**



786 HEALTH STANDARDS – GRADE TWO, SECTIONS 787 THROUGH 791.

787 HEALTHY LIFESTYLES.

Standard – The student will:	Content Knowledge and Skills:	YES	NO
01. Acquire the essential skills to lead a healthy life.	a. Describe the concepts of fitness and wellness.	Indicate Page No	
	b. Recognize body signals that indicate sickness or wellness.	Indicate Page No	
	c. Identify the rules and procedures for safe living.	Indicate Page No.	
	d. Identify personal emotions, how they are expressed, and appreciate the consequences of behavior choices.	Indicate Page No.	
	e. Identify tobacco, alcohol, medicines, and other drugs.	Indicate Page No.	
	f. Explain the reasons for wise food selection.	Indicate Page No.	
	g. Identify physical characteristics of growth and development.	Indicate Page No.	
	h. Explain ways family membership changes.	Indicate Page No.	
	i. Identify how to choose a health product.	Indicate Page No.	
	j. Describe the characteristics of a healthful environment.	Indicate Page No.	

788 RISK-TAKING BEHAVIOR

Standard – The student will:	Content Knowledge and Skills:	YES	NO
01. Demonstrate the ability to practice health-enhancing behaviors and reduce health risks.	a. Recognize ways illness is spread.	Indicate Page No	
	b. Identify consequences for one’s own behavior.	Indicate Page No	
	c. Identify temptations, curiosity, peer influence, and harmful risk-taking.	Indicate Page No	
	d. Identify behaviors that put a person at risk.	Indicate Page No.	

789 COMMUNICATION SKILLS FOR HEALTHY RELATIONSHIPS.

Standards - The student will:	Content Knowledge and Skills:	YES	NO
01. Demonstrate the ability to use communication skills to enhance health.	a. Identify ways to show respect for self and others.	Indicate Page No	
	b. Describe refusal and decision-making skills.	Indicate Page No.	
	c. Demonstrate how to communicate with friends.	Indicate Page No.	

790. CONSUMER HEALTH.

Standard – The student will:	Content Knowledge and Skills:	YES	NO
01. Organize, analyze, and apply health information practices and services appropriate for individual needs.	a. Identify age-appropriate health care items.	Indicate Page No	
	b. Identify the different components of a health product label.	Indicate Page No	

	c. Identify community health workers and their roles.	Indicate Page No.	
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791. MENTAL AND EMOTIONAL WELLNESS.

Standard – The student will:	Content Knowledge and Skills:	YES	NO
01. Understand and demonstrate the key components to positive mental and emotional health.	a. Identify actions that relate to emotions.	Indicate Page No	
	b. Recognize that people are unique and worthwhile, both physically and emotionally.	Indicate Page No.	
	c. Discuss benefits of exercise and how it can enhance mental and emotional health.	Indicate Page No.	
	d. Identify safe environments.	Indicate Page No.	